



Health for kids in the South East

Improving health outcomes for children and young people through:

- ✓ Best practice
- ✓ Partnerships
- ✓ Sustainability
- ✓ Avoidance of duplication
- ✓ Facilitation of existing systems



Aim

To establish a system that enables and supports parents and carers to provide a consumer perspective in all decision-making for development of new services and clinical processes

Process

- Recruit - Advertise, inform, interview, select
- Educate - Explain role, train, manage expectations
- Support - Champion role to others, meet practical needs
- Involve - Ask for input on everything in many different ways
- Value - Overtly value consumer perspective as equal to others
- Review - Ask for feedback on the process and the role

Outcome

- Advisory Groups
 - Southern Health Acute Paediatric Services
 - Community Asthma Services
- Consumer representation
 - Guideline Development Groups
 - Community Asthma Alliance Group
- Consumer views captured through 'Patient tours', surveys, focus groups



Aim

To include a GP perspective in all decision-making and to integrate GPs into Children's Program protocols for patient care, recognising GPs as integral to the healthcare team

Process

- Partnership with the five local Divisions of General Practice
- Establishment of the Health for Kids Network
- Promotion of the role of the GP in child and adolescent health
- Development of a process for GP input into the development of guidelines
- Dissemination of guidelines to GPs through educational activities and resources

Outcome

- A network of >800 GPs interested in child and/or adolescent health
- A database of 'child-friendly' GPs available online to the public and health care agencies
- GP Advisory Group
- GPLO for Children's Program
- GPs on Guideline Development Groups
- General Practice incorporated into SH clinical paths
- GP-focused Grand Rounds



Aim

To introduce and support new ways of working that keep health practitioners up-to-date with best practice in children's healthcare

Process

- Evidence-based practice activities
- Critical appraisal Journal Clubs
- Integration of Evidence Requests
- Teaching clinicians evidence-based practice skills
- Program for 'Clinical Scholars in Evidence-Based Practice'
- Support for projects/research
- Guideline and clinical path development

Outcome

- Guidelines for asthma, croup, gastroenteritis and bronchiolitis
 - Full evidence-based guideline including 1-page decision-making algorithm
 - Clinical path
 - Patient information
- Paediatric Evidence Centre
 - Expert resource eg guideline requests
 - Education and advocacy



Aim

To develop new ways of delivering paediatric services that keep children out of hospital

Process

- Literature search
- Outpatient and ED audits
- Examination of other models
- Consultation – consumers, GPs
- Consultation – SH staff
- Implementation of a service package that children can be referred to as an alternative to ED presentation or admission

Outcome

- Paediatric Rapid Review Service
 - Rapid Review Clinic
 - Rapid Review Home Nursing
 - GP Advice Line
- Daily consultative clinic in ED
- 831 referrals (Jan–Aug 2005)
- Preventing ~ 200 admissions and 1000 ED presentations per year



Aim

To provide education to children with asthma and their families, linking with existing health promotion activities and educating health providers so that patients receive consistent information

Process

- Literature search
- Scoping of existing services
- Examination of other models
- Development of Paediatric Asthma Nurse Educator training program
- Consultation – Asthma Victoria, Community Health Services
- Consultation – consumers, GPs
- Links with existing asthma networks

Outcome

- Paediatric Asthma Nurse Educators
 - Clinical services with outreach component
 - Health promotion: 'Asthma Friendly' schools, childcare, etc
 - Capacity building through educating healthcare providers
- Parents demonstrate increased knowledge & confidence